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## **NMIOTC's PARTICIPATION IN THE "18<sup>th</sup> ECO CHALLENGE 2019", ORGANIZED BY US NSA SOUDA BAY**

On Saturday, 7<sup>th</sup> September 2019, NMIOTC participated with a five member team in the "18<sup>th</sup> Eco Challenge 2019" which was organized and executed by the US MWR Office of NSA Souda Bay, an annual outdoor sports event that builds and strengthens the US, NATO and Hellenic Military Partnership.

The competition consisted of 5 activities: 10 km hike (carrying extra weight 15% of bodyweight), 15 km run, 40 km bike, 8 km kayak and 2 km swim.

NMIOTC's team consisting of Lt Cdr Robert Kashin POL(N), Lt JG Ioannis Mpeleisis GRC(N), Lt Dimosthenis Marifoglou GRC(A), Major Sgt Konstantinos Georgopoulos GRC(A) and CPO Apostolos Lazaridis GRC(N), participated for the sixth consecutive year, taking the first place with the fastest overall time (4 hours and 47 minutes) and received their medals in the presence of COM and DCOM NMIOTC.



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